

**IN BRIEF**

**Scott visits F1 headquarters**

**DANBURY:** An 11-year-old Danbury schoolboy and avid kart racer who has won 21 trophies this year had a dream fulfilled last month – by winning a VIP visit to the McLaren Formula 1 team's headquarters.



St John's Church of England schoolboy Scott Huntley, pictured, who races in the A12 Karting Pro Cadet Championship in Witham, saw the historic Formula 1 car of Ayrton Senna and the current car being constructed on his tour, which took place on July 9.

He also toured the workshops and the wind tunnel, which the team uses to test aerodynamics. Scott said: "This has been the best day of my life."

"I would like to be an F1 driver for McLaren while still a teenager – this has really inspired me to go for my dreams of becoming an F1 driver for a British team."

**Bush trimmed**

**GALLEYWOOD:** Firefighters were forced to trim a residents' front garden bush on Tuesday after a man drove into it. Shortly before 8am, the man swerved off to the right of Barnard Road, destroying a lamppost before embedding the car in the bush, trapping himself behind his side door. He escaped with cuts and bruises.

**Forgery arrest**

**CHELMSFORD:** A 41-year-old man has been arrested on suspicion of fraud after a forged £50 was used in a Moulsham Street bar on Friday. He was bailed until 18 September pending further enquiries.

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# Alternative medicine a cure for horses' ills

Reiki healing technique is used at Remus sanctuary

By Gabriella Darlington  
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ALTERNATIVE therapists are using their healing powers to care for neglected animals at an Essex sanctuary.

Volunteer spiritual healers are using the soothing techniques of Reiki to calm and relax horses, cows, goats and sheep at the Remus Memorial Horse Sanctuary, near Stock.

Reiki uses the technique of palm healing as a form of alternative medicine to cure animals, and humans, of tension, and volunteers at the sanctuary say it is working wonders.

"On Monday a horse was suffering from colic, a severe pain in the abdomen, and was later diagnosed with a twisted gut," said Vicky Thorogood, 46, who has worked at the sanctuary for 20 years.

**Ease**

"While agreeing with the vets it was best to put the horse down, it was offered Reiki to ease its pain and panic.

"Using this treatment on the horse completely relaxed him and he was able to pass calmly."

The Remus sanctuary, in Buttisbury, uses Reiki on all of the 200 animals it looks after, including 66 horses.

"We deal with animals who have a range of issues, some have had dreadful pasts and have been



**CALMING INFLUENCE:** Reiki therapist Lorraine Wilkinson with an appreciative Ruddles

abused, but the Reiki helps to break down any emotional blockages and it works on the body on a physical, mental and emotional level," added Vicky.

"Animals don't lie. If they want the treatment, they crave it."

She added: "We have had a queue of horses form in the field when we have been offering it."

Lorraine Wilkinson, 45, a holistic therapist at Remus, added: "Reiki is such a calming and relaxing therapy, horses often yawn and snooze while I'm administering it."

The sanctuary, which celebrated its 30th anniversary last month with a visit from the Countess of Wessex, also uses a range of other alternative treatments on its animals such as crystal healing, aromatherapy, shiatsu and herbal treatments.

During the birth of an unexpected foal at the sanctuary, the mother was losing extensive amounts of blood, so she was offered yarrow, a plant known to stem bleeding.

"She couldn't get enough of the yarrow. It helped do the job to ease her bleeding," said Vicky.

"The treatments are just so beneficial to the animals that we look after here."

"We wouldn't be without the support of holistic care."



**SPECIAL TREAT:** Lorraine Wilkinson with Shire horse Guinness



**CRASH SCENE: North Avenue Man in his 90s injured as bus hits a bicycle**

AN ELDERLY man has been left with serious head injuries following a collision between a cyclist and a bus in Chelmsford.

The 90-year-old man from Chelmsford was travelling on the bus, which was on route 54 heading towards Melbourne Avenue, when the vehicle collided with a push bike in North Avenue.

The crash occurred at around 10.45am on Saturday and the elderly man was taken by air ambulance to Queen's Hospital, Romford.

He is currently in a "stable but very serious condition" in the hospital's intensive care unit, a police spokesman said.

Police arrested an 18-year-old man in connection with the incident, who has been bailed until November 8 pending further enquiries.

Maureen Webb, 65, of North Avenue, said: "I heard a screech and then a loud bang from inside my house."

**Wheels**

Another resident of North Avenue, who did not want to be named, said: "Initially, the bike was under the driver's side, under the front wheels."

"The cyclist was lying on the ground making noises, the ambulance came to see him and then he seemed ok."

"The bus driver asked him to leave his bike where it was after the accident but he tugged it out from under the bus and left it at the side. Then he ran off."

"The police said he was in a bad way and I saw there was an elderly lady was with him. Someone said there was a lot of blood."

Any witnesses to the collision are urged to contact Pc Lance Hutchins at the Serious Collision Investigation Unit on 101 or e-mail collisionappeal@essex.pnn.police.uk

**Sanctuary to run workshop**

REMU, which is funded totally by donations, puts on a number of workshops for visitors to learn the power of Reiki for pets and horses.

Kathleen Prasad, a well-known American Reiki healer, is holding a class at the sanctuary on Wednesday, September 4.

She is giving an introduction to traditional Japanese Reiki, and also offers each participant an experience of Reiki. It is from 6 to 8.30pm and costs £17.50, which is donated to Remus.

For more information on the sanctuary, events they are holding, and the treatments they use, visit their website: www.remussanctuary.org

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